

MICRO-624

## Wearables and implantables for personalized and preventive healthcare

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Cursus	Sem.	Type
Microsystems and Microelectronics		Obl.

Language of teaching	English
Credits	2
Session	
Exam	Written
Workload	60h
<b>Hours</b>	<b>28</b>
Courses	28
<b>Number of positions</b>	<b>15</b>

### Frequency

Every year

### Remark

19 au 23 Novembre 2018

### Summary

This multidisciplinary course presents, from both engineering and medical perspectives, the state-of-the-art, applications and impact of wearable and implantable technologies, with focus on cardiovascular healthcare shift from intervention-based to personalized and preventive medical strategies.

### Content

The course will be organized in two main interactive parts, going from technology to medical and life style applications:

Part I (14 hours): Wearable and implantable technologies:

- Edge of the cloud sensing and computing and Internet of Humans
- Physical and physiological biosensors:
  - Motion sensors: accelerometers, magnetometers, gyroscopes (focus on low power MEMS solutions)
  - Biosignals and biosensors: ECG, EEG, EMG, EOG, ENG, blood pressure, pulse wave velocity, SpO2, pH, glucose, ions
- Environmental sensors
  - Gas and particle sensors for air and breath monitoring
  - Temperature sensors: body core and skin temperature
- Implantable micro/nanosensors and challenges for in-body sensing, communication and energy harvesting
- Wireless autonomous sensors for multiparameter sensing as components of a the healthcare cycle
- Standards for Body Area Networks (BAN) wireless communications with their merits and demerits as well as future standardization according tIEEE (Medradio, ISM, UWB, etc.)
- Ultra-low power radio front-ends and antennas for wearables
- Context driven wearable systems and the new industry ecosystem: wrist-based devices, smart glasses, smart patches
- Big and deep data analytics for healthcare: requirements for privacy and security
- Interoperability challenges for wearables and internet-of-things nodes

Part II (14 hours): Medical applications with focus on cardiovascular, metabolic and life style engineering: from prevention to intervention

- Cardiovascular System
  - Anatomy, Physiology, Metabolism: from a cell to a pump
- Cardiovascular diseases :
  - Epidemiology, economical burden
  - Prevention and lifestyle monitoring: from 7 to 77 y.o: the Tintin rules.
  - Treatment: overview of past, current and future interventions in cardiovascular medicine:
    1. part I: Open heart surgery: from vessel to heart transplant (recorded intervention/live cases)
    2. part II: Endovascular heart and vessels intervention: from stent to the cell (recorded intervention/live cases)

### 3. part III: Peri- and post-procedural monitoring, Cardiovascular rehabilitation

- Unmet needs in Cardiovascular Medicine
- Integration of new technologies in the management of Cardiovascular patients
- Patients acceptance, Ethical and regulatory aspects

#### Note

PhD students will receive in advance a full set of handouts (slides).

By the end of the course, the student will:

1. be sensitized to the ultimate use and impact of technological development in a practical field.
2. be familiarized to the opportunities but also limitations of introducing new wearable & implantable technologies in the medical field.

The examination will be under the form of a written QCM.

#### Keywords

wearable and implantable devices, internet-of-things, biosensors, health, personalized medicine, prevention, translational medicine, cardiovascular system, metabolic diseases.

#### Learning Prerequisites

##### Required courses

None.

#### Assessment methods

Written examination.

#### Resources

##### Websites

- <http://nanolab.epfl.ch>