

# **Occupational and environmental health**

Vernez David

Cursus	Sem.	Туре
Environmental Sciences and Engineering	MA1, MA3	Opt.
Territories in transformation and climate minor	Н	Opt.
Urban Planning and Territorial Development minor H		Opt.

Language of teaching	English
Credits	3
Session	Winter
Semester	Fall
Exam	Oral
Workload	90h
Weeks	14
Hours	3 weekly
Lecture	2 weekly
Exercises	1 weekly
Number of	
positions	

## **Summary**

This course looks at the relationship between our environment - both professional and general - and our health. What hazards are associated with physical, chemical and biological pollutants? How can we assess the risks and prevent them? What health issues are associated with climate change?

#### Content

This course covers the various stages of risk assessment (identification, evaluation, control) for pollutants frequently encountered in occupational and environmental environments. The properties of these pollutants, their pathways of entry or interaction with the body, their effects, their measurement, and the adequate control/prevention strategies are discussed over the course of the semester. Four main categories of pollutants are covered:

- Chemical (gases, vapors, liquids)
- Physical (noise, vibrations, thermal environment, non-ionizing radiation)
- Physico-chemical (particles, fibers)
- Biological (bacteria, viruses, molds)

At the end of the semester, two cross-disciplinary subjects will be covered, drawing on the concepts covered earlier: the health effects of global warming, and the issue of environmental interventions (interventions in situations of environmental contamination/pollution).

# Keywords

Risk assessment, work environment, environmental health, occupational health, exposure sciences, physical, chemical, biological pollutants

## **Learning Prerequisites**

# **Required courses**

None

#### **Recommended courses**

Environmental chemistry, Analysis of pollutants in the environment, Analysis and management of industrial risks, Ecotoxicology

### Important concepts to start the course

Understanding the physical and chemical properties of pollutants.

## **Learning Outcomes**

By the end of the course, the student must be able to:



- Identify the risks associated with pollutants in the environment
- Characterize the different types of pollutants and their properties
- Use simple risk assessment tools and methods
- Select appropriately appropriate skills or methods to manage a particular risk
- · Identify occupational and environmental health issues within public health

#### Transversal skills

- · Make an oral presentation.
- · Demonstrate the capacity for critical thinking

## **Teaching methods**

Ex cathedra lectures and group exercises and presentations

#### **Expected student activities**

Participate in the course and exercise session Prepare and present a case study of a practical problem

#### **Assessment methods**

Presentation of a case study during the semestre (1/3) Oral exam (2/3)

# Supervision

Office hours Yes
Assistants No
Forum Yes

# Resources

### **Bibliography**

The Occupational Environment: its evaluation, control and management. 3rd ed. AIHA Press. 2011. Environement et santé publique: fondements et principes. 2nd ed. Presses de l'EHESP, 2023

## Ressources en bibliothèque

- The Occupational Environment: its evaluation, control and management. 3rd ed. AIHA Press. 2011
- Environement et santé publique: fondements et pratiques, Presses de l'EHESP, 2023

### Notes/Handbook

The Occupational Environment / DiNardi Handout notes (available on Moodle in pdf)

#### **Moodle Link**

https://go.epfl.ch/ENV-468