

MGT-476

**Improve your personal effectiveness**

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Cursus	Sem.	Type
Managmt, dur et tech	MA1	Obl.

Language of teaching	English
Credits	3
Withdrawal Session	Unauthorized Winter
Semester	Fall
Exam	During the semester
Workload	90h
Weeks	14
<b>Hours</b>	<b>2 weekly</b>
Lecture	2.29 weekly
<b>Number of positions</b>	<b>40</b>

**Remark**

Courses given on IMD Campus.

**Summary**

The aim of this integration week is to improve personal effectiveness by building self-awareness through activities, reflections, and academic material. You will have built trust and relationships that will help you work together in developing your leadership throughout the rest of the program.

**Content**

At the end of this first integration week you will be able

- to give a definition of what leadership is
- and identify specific leadership styles
- to name the dimensions of personality
- and describe what are your behavioural preferences and how they translate into your leadership
- to explain the link between values, attitudes and behaviours
- to give a definition of the emotional key competencies and assess your EQ
- use influencing tactics and communicate effectively
- to define a first action plan based on the input of the first week

**Keywords**

#Leadership  
 #Leadership styles  
 #Personality  
 #Values  
 #Emotional Intelligence  
 #Communication Skills  
 #Influencing Skills

**Learning Outcomes**

By the end of the course, the student must be able to:

- Define and explore what leadership is.
- Examine personality/values and how your distinct characteristics traits are enabling or hindering your success
- Explore emotional intelligence and its importance in future leadership
- Integrate with your fellow classmates to begin to explore how you will help each other throughout the program

### **Transversal skills**

- Set objectives and design an action plan to reach those objectives.
- Communicate effectively, being understood, including across different languages and cultures.
- Give feedback (critique) in an appropriate fashion.
- Assess one's own level of skill acquisition, and plan their on-going learning goals.

### **Teaching methods**

Experiential

### **Assessment methods**

Integration Weeks are assessed with 25% class participation, 75% written essay completed through the semester.