

MGT-476

Improve your personal effectiveness

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Cursus	Sem.	Type
Managmt, dur et tech	MA1	Obl.

Language of teaching	English
Credits	3
Withdrawal	Unauthorized
Session	Winter
Semester	Fall
Exam	During the semester
Workload	90h
Weeks	14
Hours	2 weekly
Lecture	2.29 weekly
Number of positions	40

Il n'est pas autorisé de se retirer de cette matière après le délai d'inscription.

Remark

Courses given on IMD Campus.

Summary

The aim of this integration week is to improve personal effectiveness by building self-awareness through activities, reflections, and academic material. You will have built trust and relationships that will help you work together in developing your leadership throughout the rest of the program.

Content

At the end of this first integration week you will be able

- to give a definition of what leadership is
- and identify specific leadership styles
- to name the dimensions of personality
- and describe what are your behavioural preferences and how they translate into your leadership
- to explain the link between values, attitudes and behaviours
- to give a definition of the emotional key competencies and assess your EQ
- use influencing tactics and communicate effectively
- to define a first action plan based on the input of the first week

Keywords

#Leadership
 #Leadership styles
 #Personality
 #Values
 #Emotional Intelligence
 #Communication Skills
 #Influencing Skills

Learning Outcomes

By the end of the course, the student must be able to:

- Define and explore what leadership is.
- Examine personality/values and how your distinct characteristics traits are enabling or hindering your success

- Explore emotional intelligence and its importance in future leadership
- Integrate with your fellow classmates to begin to explore how you will help each other throughout the program

Transversal skills

- Set objectives and design an action plan to reach those objectives.
- Communicate effectively, being understood, including across different languages and cultures.
- Give feedback (critique) in an appropriate fashion.
- Assess one's own level of skill acquisition, and plan their on-going learning goals.

Teaching methods

Experiential

Assessment methods

Integration Weeks are assessed with 25% class participation, 75% written essay completed through the semester.