MICRO-624	Wearables and implantables for personalized and preventive
	healthcare

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Cursus	Sem.	Туре	Language of	English
Microsystems and Microelectronics		Opt.	teaching	Englion
			Credits	2
			Session	
			Exam	Written
			Workload	60h
			Hours	28
			Lecture	28
			Number of positions	30

#### Frequency

Every year

### Remark

February 5-9, 2024

### Summary

This multidisciplinary course presents, from both engineering and medical perspectives, the state-of-the-art, applications and impact of wearable and implantable technologies, with focus on cardiovascular healthcare shift from intervention-based to personalized and preventive medical strategies.

## Content

The course will be organized in two main interactive parts, going from technology to medical and life style applications: Part I (14 hours): Wearable and implantable technologies:

- Edge of the cloud sensing and computing and Internet of Humans
- Physical and physiological biosensors:
- Motion sensors: accelerometers, magnetometers, gyroscopes (focus on low power MEMS solutions)
- Biosignals and biosensors: ECG, EEG, EMG, EOG, ENG, blood pressure, pulse wave velocity, SpO2, pH, glucose,

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- Environmental sensors
- Gas and particle sensors for air and breath monitoring
- Temperature sensors: body core and skin temperature
- Implantable micro/nanosensors and challenges for in-body sensing, communication and energy harvesting
- Wireless autonomous sensors for multiparameter sensing as components of a the healthcare cycle
- Standards for Body Area Networks (BAN) wireless communications with their merits and demerits as well as future
- standardization according tIEEE (Medradio, ISM, UWB, etc.)
- Ultra-low power radio front-ends and antennas for wearables
- Context driven wearable systems and the new industry ecosystem: wrist-based devices, smart glasses, smart patches
- Big and deep data analytics for healthcare: requirements for privacy and security
- Interoperability challenges for wearables and internet-of-things nodes

Part II (14 hours): Medical applications with focus on cardiovascular, metabolic and life style engineering: from prevention to intervention

- Cardiovascular System
- Anatomy, Physiology, Metabolism: from a cell to a pump
- Cadiovascular diseases :
- Epidemiology, economical burden
- Prevention and lifestyle monitoring: from 7 to 77 y.o: the Tintin rules.
- Treatment: overview of past, current and future interventions in cardiovascular medicine:
- 1. part I: Open heart surgery: from vessel to heart transplant (recorded intervention/live cases)
- 2. part II: Endovascular heart and vessels intervention: from stent to the cell (recorded intervention/live cases)



- 3. part III: Peri- and post-procedural monitoring, Cardiovascular reabilitation
- Unmet needs in Cardiovascular Medicine
- Integration of new technologies in the management of Cardiovascular patients
- Patients acceptance, Ethical and regulatory aspects

# Keywords

wearable and implantable devices, internet-of-things, biosensors, health, personalized medecine, prevention, translational medicine, cardiovascular system, metabolic diseases.

**Learning Prerequisites** 

Required courses None.

### **Assessment methods**

Written examination.

Resources

Websites

• http://nanolab.epfl.ch

**Moodle Link** 

• https://go.epfl.ch/MICRO-624